



Erasmus+ Blended Intensive Program
Czech School of Physiotherapy and
Occupational Therapy, Interdisciplinary
Approach in PT and OT IV

In Olomouc on 3-7th February 2025.

Organized by the Department of Clinical
Rehabilitation,
Faculty of Health Sciences,
Palacký University in Olomouc.



Faculty of Health
Sciences

Czech School of Physiotherapy & Occupational Therapy IV

- 📍 Faculty of Health Sciences UP
- 🌐 <https://physioschool.upol.cz>
- ✉ petra.gaul@upol.cz

Palacký University Olomouc is the second-oldest university in Czechia, educating scholars since the 16th century. The city of Olomouc is also the place of one of the richest national heritage sites, second only to Prague. A second home to more than 23,000 students from around the world, Olomouc is a university town, sometimes nicknamed the "Czech Oxford".

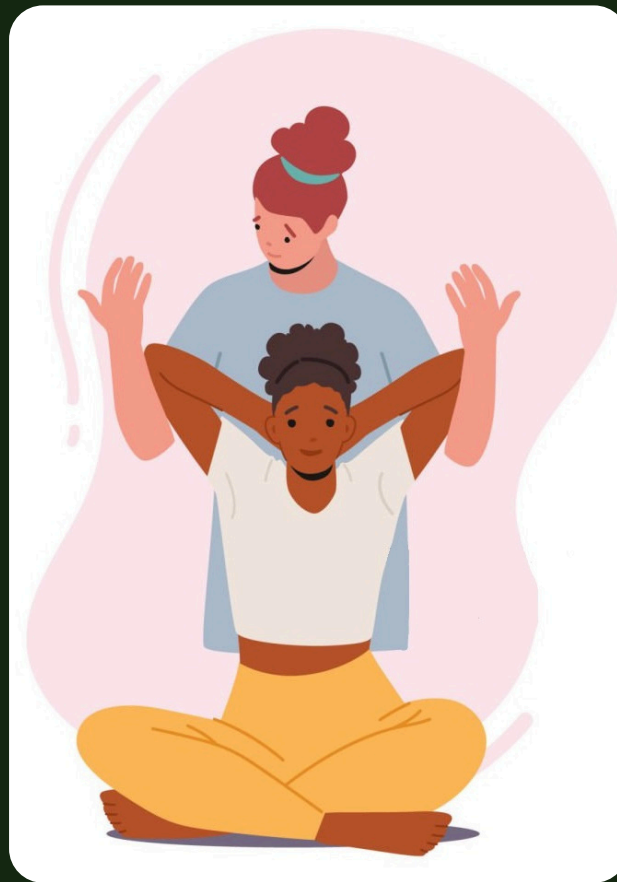


MONDAY

- 9:00 Introduction to BIP
- 9:30 Participant's Presentations of their Universities
- 10:30 Coffee break
- 10:50 Orofacial Rehabilitation
- 12:20 Lunch break
- 13:00 Interdisciplinary Team Dynamics Workshop
- 15:30 Old Town City Tour (meeting point at the Clock Tower)

TUESDAY

- 8:30 Interdisciplinary Approach to Ergonomics
- 10:00 Coffee break
- 10:15 Neck-Shoulder Relationship
- 11:45 Lunch break
- 13:00 Trip to Klimkovice Sanatoria - departure at 13:00 sharp from Šantovka City Centre (back in Olomouc around 18:00)



FRIDAY

- 8:30 Project presentations
- 10:00 Coffee break
- 10.30 Certificates and feedback
- 12:00 Departure

WEDNESDAY

- 8:30 Older Adults and Nutrition in Rehabilitation
- 10:00 Coffee break
- 10:30 Physical Exercise and Health
- 12:00 Lunch break
- 13:00 Non-Standard Trigger Points and Headache
- 14:30 Coffee break
- 15:00 Teachers - Kinesiology Lab
Students - Group Work (project)
- 17:40 Bowling (Šantovka City Centre)

THURSDAY

- 8:30 Gr. ABC - Mindfulness & Breathing
Gr. DEF - Group Work (project)
- 9:50 Coffee break
- 10:10 Gr. ABC - Group Work (project)
Gr. DEF - Mindfulness & Breathing
- 11:30 Lunch break
- 12:15 Voice Therapy
- 14:00 Gr. ABC - Kinesiology Lab - Hospital
Gr. DEF - Hospital Campus Tour
- 15:00 Gr. ABC - Hospital Campus Tour
Gr. DEF - Kinesiology Lab - Hospital